

Session Title: Brief Interventions in Primary Care Settings

Duration: 3 hours

Target Audience: This three hour training session is aimed at clinicians in Primary Care settings delivering screening and brief interventions for alcohol related risk.

The learning includes:

- information and facts about national and local priorities in addressing alcohol related health issues
- using identification tools
- structuring and conducting brief advice
- practicing brief advice
- information and facts about alcohol related specialist services

Course aim: To provide participants with training so they are able to deliver case finding in patients aged 16 and over in order to deliver a simple brief intervention to help reduce alcohol related risk in adults drinking at hazardous and harmful levels and refer dependent drinkers into specialist services.

Course objectives: By the end of the session participants will be able to:

- Comprehend national and countywide priorities in addressing health issues associated with increasing alcohol consumption.
- Screen patients aged 16 and over using either one of two shortened versions of the World Health Organisation (WHO) Alcohol Use Disorders Identification Test (AUDIT) questionnaire: FAST or AUDIT-C, with each taking approximately one minute to complete.
- Screen patients identified as positive, with the remaining questions of the ten question AUDIT questionnaire to determine hazardous, harmful or likely dependant drinking.
- Deliver a brief intervention to those identified as drinking at hazardous or harmful levels.
- Refer dependent drinkers into specialist services.